Grateful

A Secret Scrolls message from Rhonda Byrne

Creator of The Secret

From: The Secret Daily Teachings

Remember, if you are criticizing, you are not being grateful. If you are blaming, you are not being grateful. If you are complaining, you are not being grateful. If you are feeling tension, you are not being grateful. If you are rushing, you are not being grateful. If you are in a bad mood, you are not being grateful.
Gratitude can transform your life. Are you allowing minor things to get in the way of your transformation and the life you deserve?

Passion into what you want

From: The Secret Daily Teachings

Most people don't realize how much passion they put into what they don't want. When you speak to a friend and you tell them all about an "awful" situation, you are putting passion into what you don't want. When you react to an event negatively, with the response that it is "terrible", you are putting passion into what you don't want.
You are a beautiful passionate being, so make sure you direct your passion wisely.

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