# The 10/10 Plan for Happiness

1. Make a list of 10 things you are grateful for.

2. Make a list of 10 goals and dreams.

3. Read both every night then close your eyes visualize what you are grateful for.

4. Give the gift to everyone that you meet.

DAILY

Help other people

Connect deeply with people

Find out what is important to them

Contribute and make a difference

Marvel at the miracles in your life.

I intend to be happy

I intend to _____

I delegate _____to the universe

(For example)

I am so grateful to the universe that _____

You will get 70% of what you write down.



Copyright © 2011 – The Top Producer Group, LLC – All Rights Reserved